



SLOVENSKO DRUŠTVO ZA RAZSVETLJAVO / SDR  
LIGHTING ENGINEERING SOCIETY OF SLOVENIA

## **“New challenges in lighting”**

Marc Fontoynont,

National Engineering School of State Public Works,  
Vaulx-en-Velin, Lyon, France



## Statements:

*« Lighting is a technique to help human activities: read, work, sell, circulate, clean, repair, etc. in security, and, if possible, in an agreeable way. »*

*« But the lighting community is aware of limits (cost and energy) and concerned by possible impacts on human health of exposure to light »*

## Two international initiatives:

Annex 45 « Energy Efficient Lighting of the International Energy Agency



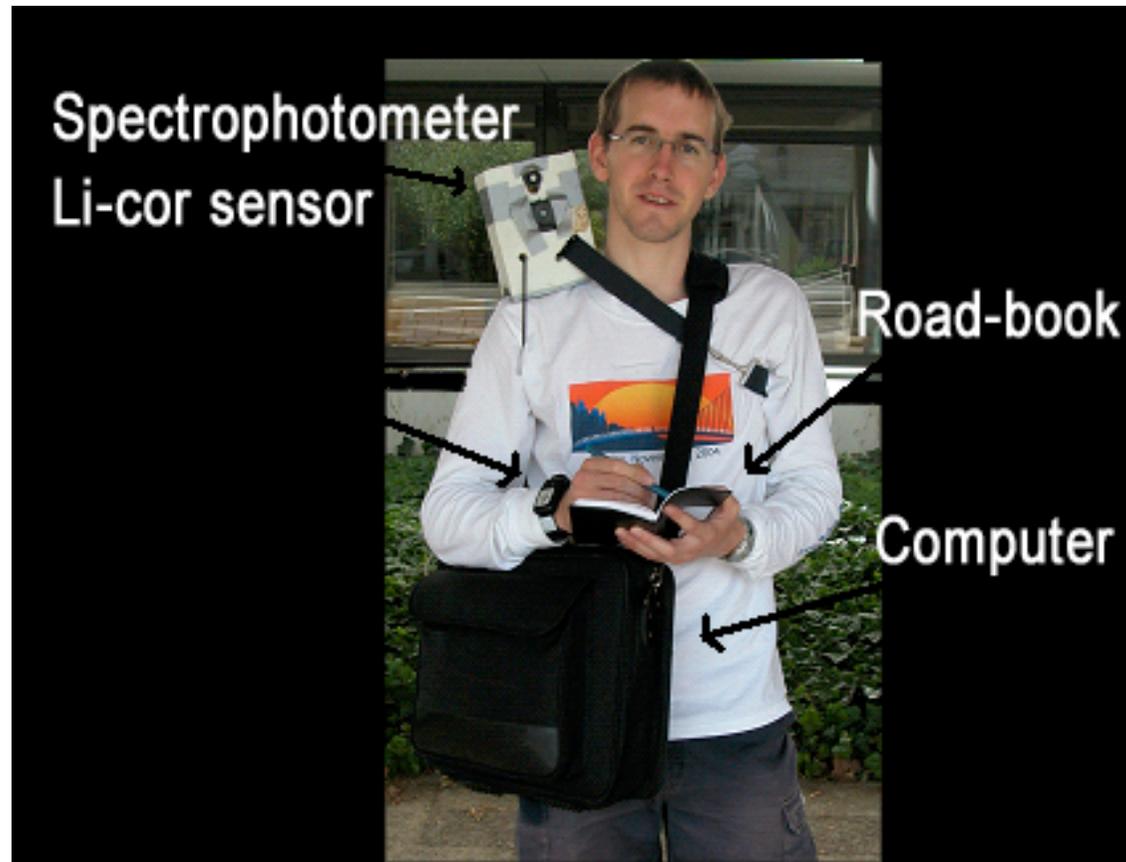
International Energy Agency  
Energy Conservation in  
Buildings and Community  
Systems Programme

Light and Health Symposium,  
Ottawa, Canada,  
September 7-8 . 2006



Commission Internationale de l'Eclairage,

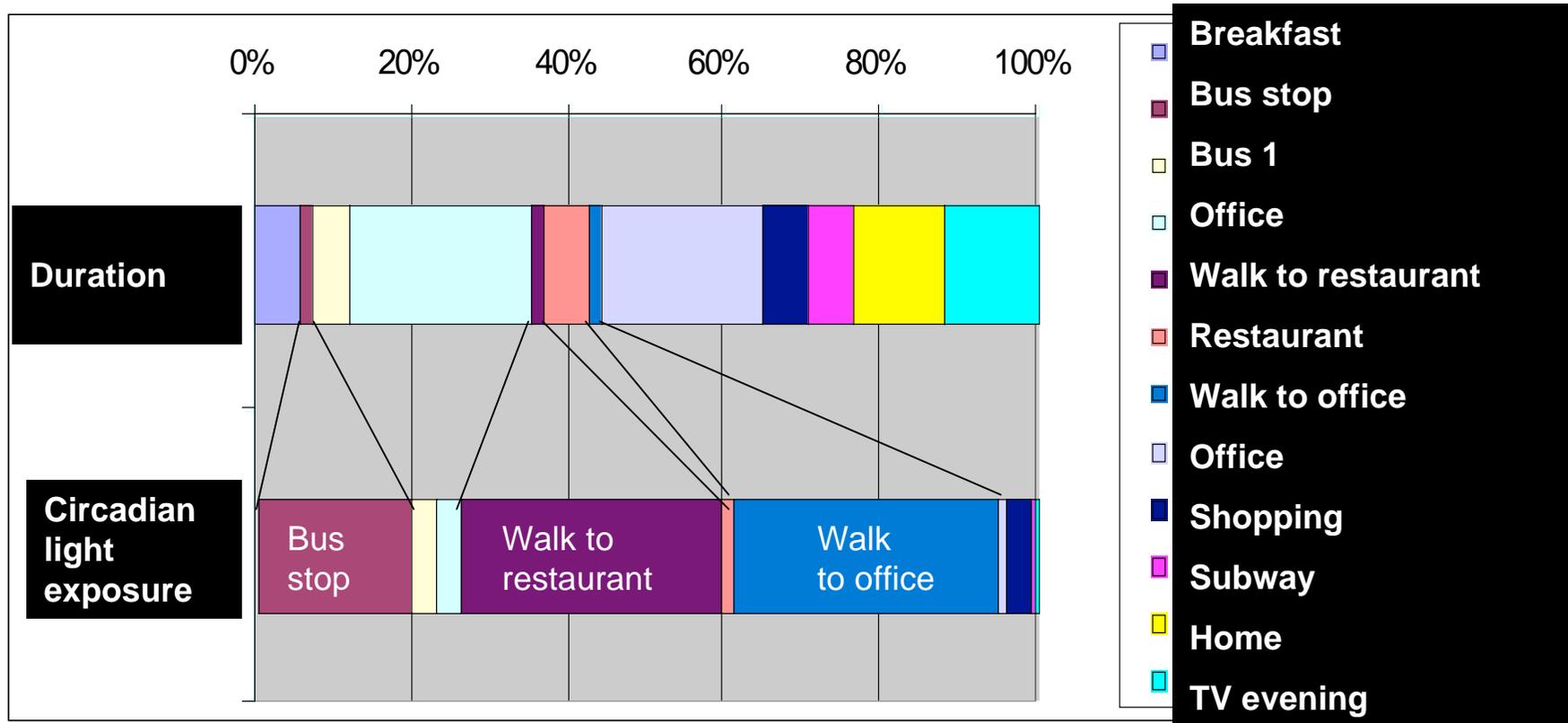
# Production of a spectral data base of typical exposure to light during springdays



Source: Nollet, H. (2006)

« Lumière & Santé : Quelles sont les doses reçues durant la journée ? Production d'une base de données par profils d'activité. » Ms Degree, 2006, ENTPE, Lyon, France

Measurement of daily exposure received by an office worker in Lyon city centre during a day in May, 2006.



Source: Nollet, H. (2006)

« Lumière & Santé : Quelles sont les doses reçues durant la journée ? Production d'une base de données par profils d'activité. »

*(Production of a spectral data base of typical exposure to light during springdays , in Lyon, France)*



*Attempt of summary of the symposium.*

Lamp safety (UV exposure, high luminance point sources, flicker) (CIE lamp safety standards S009) <i>See CIE Division 6</i>	No more a general issue for UV for most lamps. What if MH and LEDs lamps are more widely used? May we generate new risks through increase of blue light use?
Vocabulary, metrics, standards, action spectrum, etc.	Urgently needed!
Lighting during the day for populations deprived from sufficient daylight exposure (latitude, season, windowless environments)	Effect of spectrum identified, Technology available (high CCT lamps, LEDs) The dose still needs to be defined, as well as optimal duration and occurrence.

Elderly population	Blue rich light benefits Compensate yellowing of lens Address higher glare sensitivity Improve lighting quality
Lighting of night-shift workers	Possible high consequences, requires global approach (day/night strategy). Difficult balance between objectives of alertness and health protection. Lighting specifications still unclear at night-time.
Substitution of medicine through light exposure	Sleeping pills (melatonin, ...) Healing, Vitamin D supplements, Analgesic ?
General issue: acceptability of blue rich light?	Appropriate lighting design and luminaries. Need field testing



Commission Internationale de l'Eclairage

## **Annual Meeting of CIE Division 3 - Interior Lighting**

Saturday, September 9. 2006

Lord Elgin Hotel

Room Lady Elgin

Time 9:00 till 16:00

Division 3 Board:

Division Director

Dr. Marc Fontoynt

Associate Director Daylighting:

Dr. Dominique Dumortier

Associate Director Elec. Lighting:

Dr. Yoshiki Nakamura

Division Secretary

Dr Geoffrey Cook

*Review of on-going work, progress, liaison with other institutions,  
establishment of new activities: reportership and technical committee*



Commission Internationale de l'Eclairage

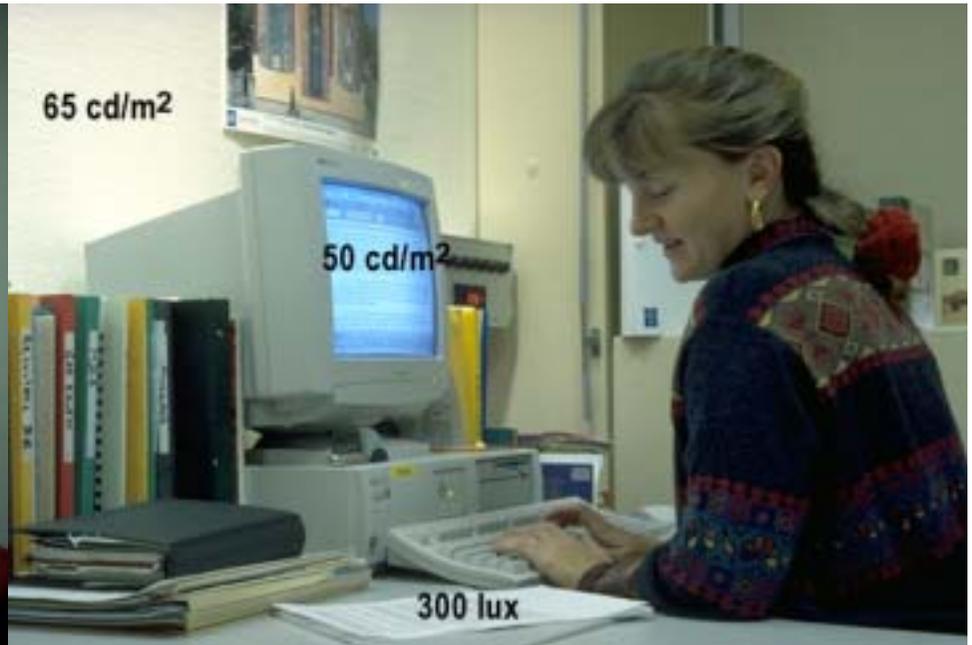
## **Actions decided:**

Division 6 (Photobiology) will prepare summaries concerning nightshift workers, sleep disorders, effect of jet-lag, and a proposal of vocabulary to describe the « non visual effects » of light for the 2007 CIE Session (Beijing, China, July 2007)

Division 3 will launch in the 2007 Session activities to propose recommendations in lighting to the problems identified above.

Division 3 will prepare a proposal of text concerning visually impaired population, based on recent documents prepared in the USA and the U.K. To be presented for the next CIE session.

Division 3 will prepare, with the International Energy Agency (IEA) a joint statement concerning possibilities to reduce energy efficiency in lighting.





## **Twin cell experimentation (Catherine Laurentin, 1997-2001)**

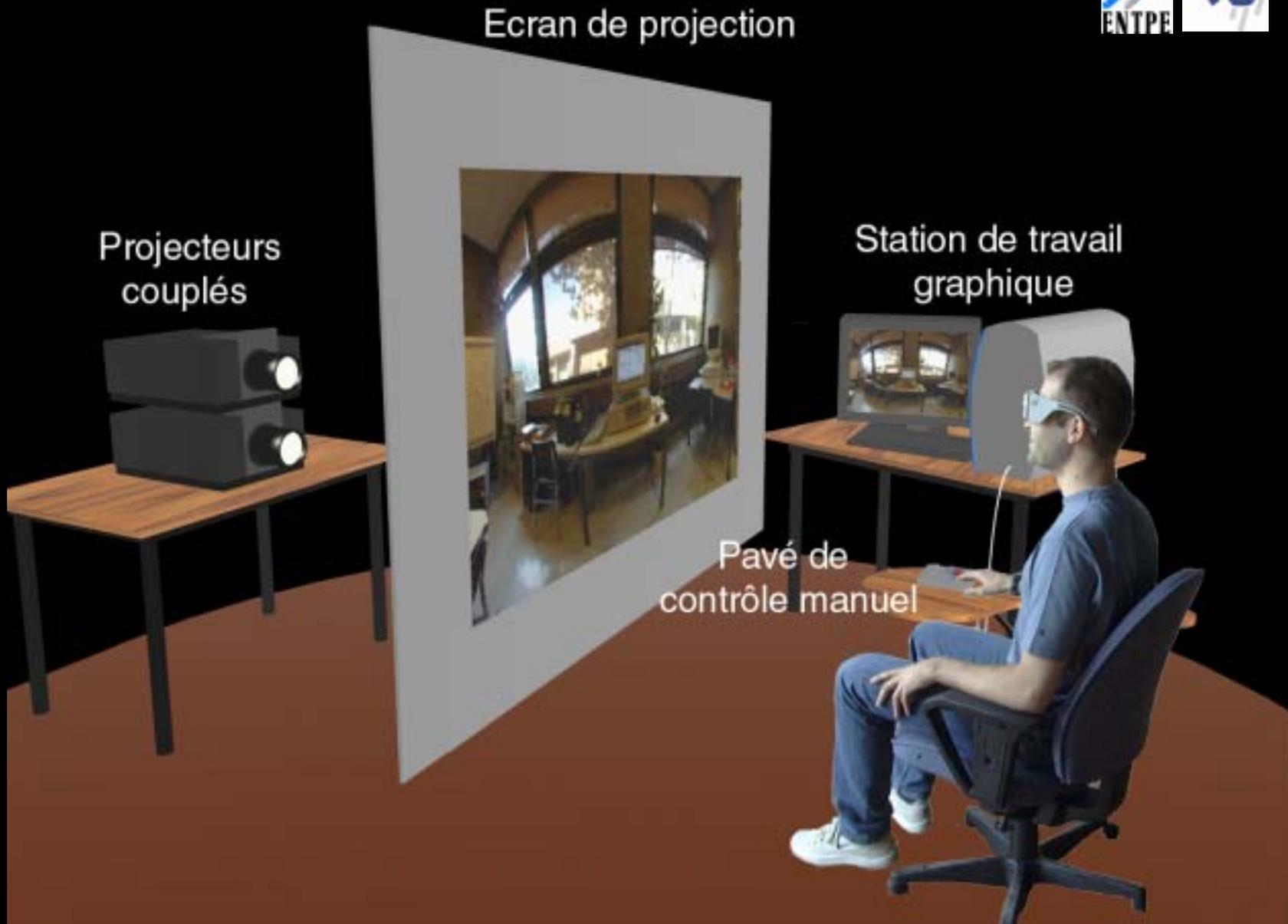
Role of season on preferred illuminances

*(+200lx, 6 subjects, 6 months, every 15 days, 15:00)*

Role of colour of glass on preferred illuminances (26 subjects)

Role of air temperature (20 subjects) *No influence*

Role of distance to window *(No perfect substitution of daylight by electric light at 3 m from window, 20 subject)*



Simulateur d'ambiances lumineuses, immersif, stéréographique et interactif









*Conception: Ingélux/ENTPE*

## **Twin class rooms**

- Simulation of daylight on both sides
- Simulation of Daylight Guidance systems
- Optimization of electric lighting installation





### **Experimentation in Groupama Headquarters, Lyon.**

6 work places tested by 20 users prior to installation of 1100 work places.

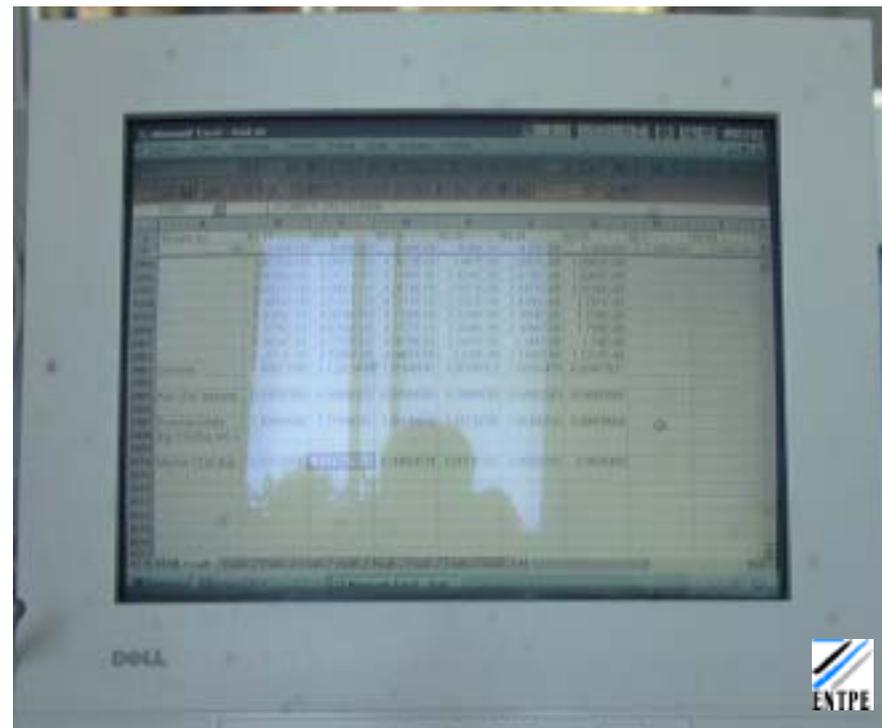
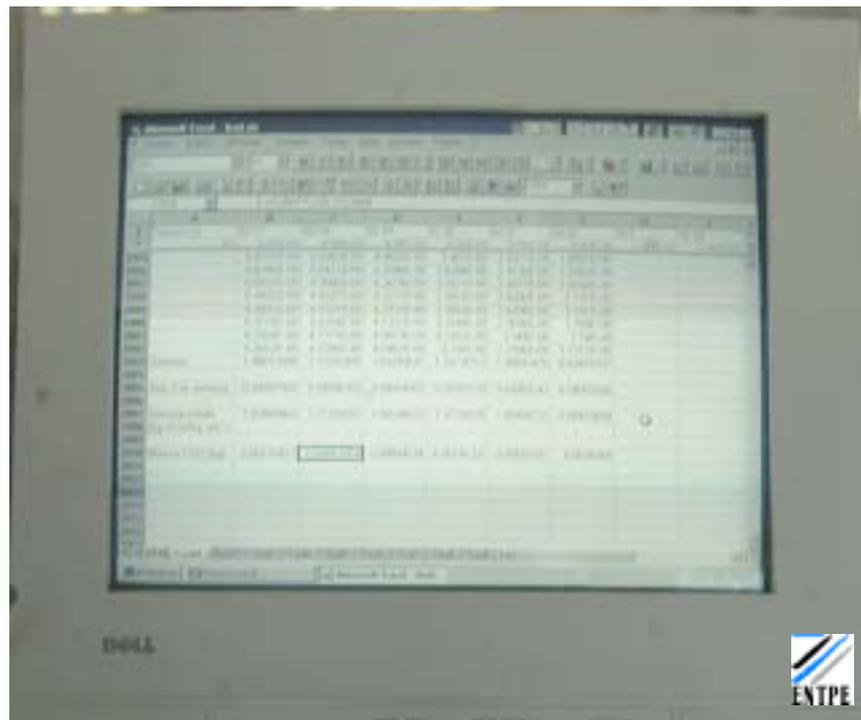
Total suppression of vision of fluorescent tubes in all directions

Direct indirect luminaires.

Individual control

Installed power < 8W/m<sup>2</sup>

**Shading device design:**  
luminance maintained below  
3000 cd/m<sup>2</sup> for all weather  
conditions



# Analysis of overhead glare

Caroline Thoreau, Dominique Dumortier, 2006.



Relative position of luminaire  
Maximum luminance



Vertical illuminance at eye level

Glasses

Shape of face (morphology)

Skin colour

Illuminance on head

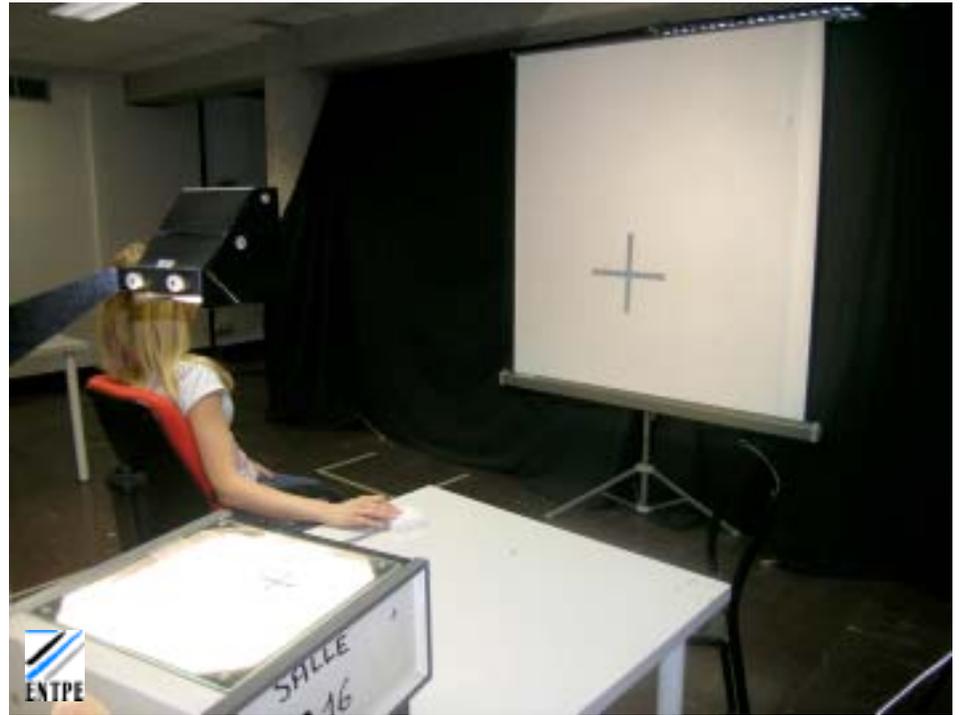
Reflexion of light on clothing

Coefficient of reflexion on work plane

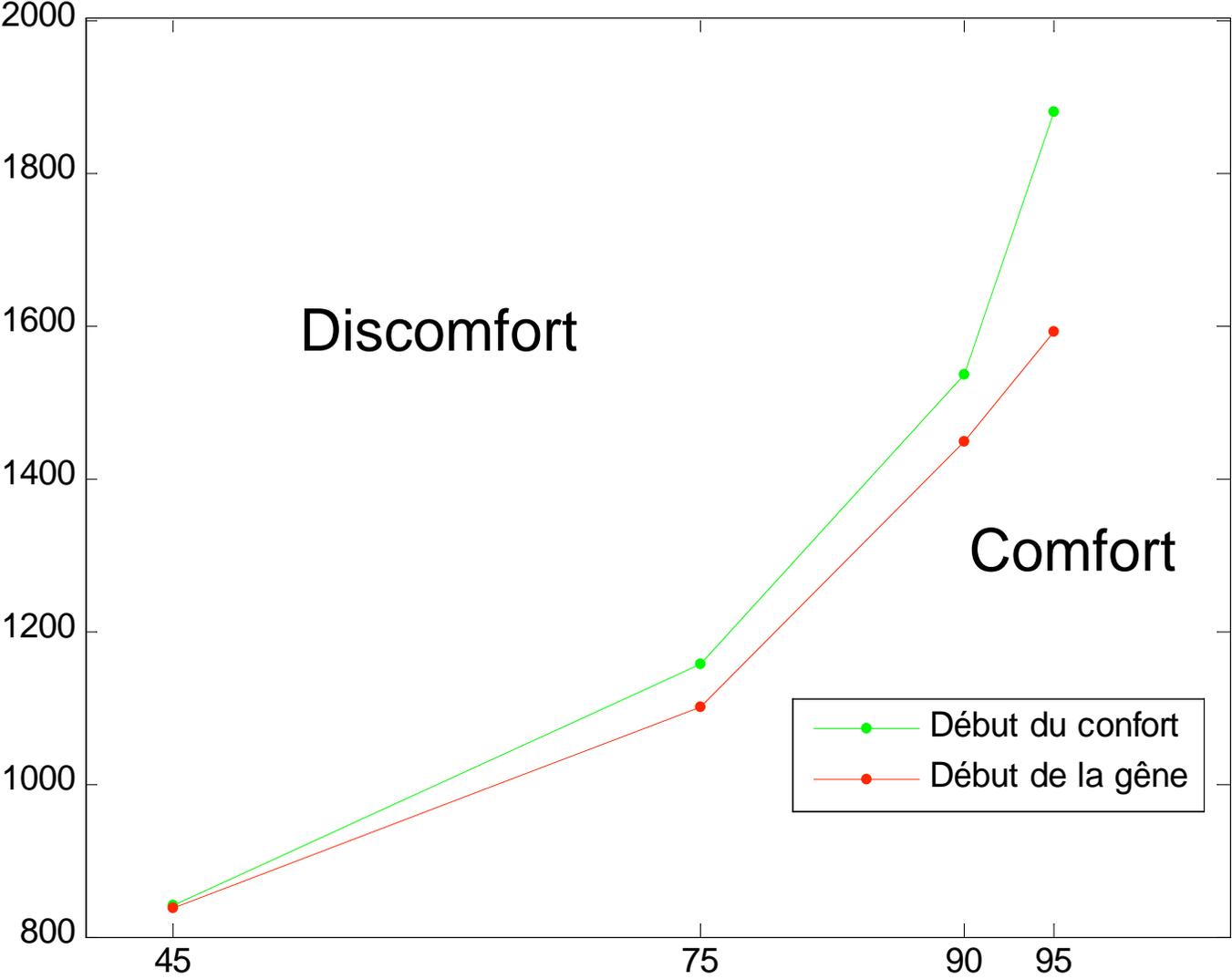


Age of the observer





# Horizontal illuminance



Relative position of luminaire (angle of vision)

## Influence of light reflexion on skin

	Début confort (lux)	Début gêne (lux)
Sans fard	<b>1534</b>	<b>1465</b>
Avec fard	<b>2213</b>	<b>1896</b>
Différence	<b>679</b>	<b>431</b>
Seuil significatif	<b>600</b>	<b>400</b>

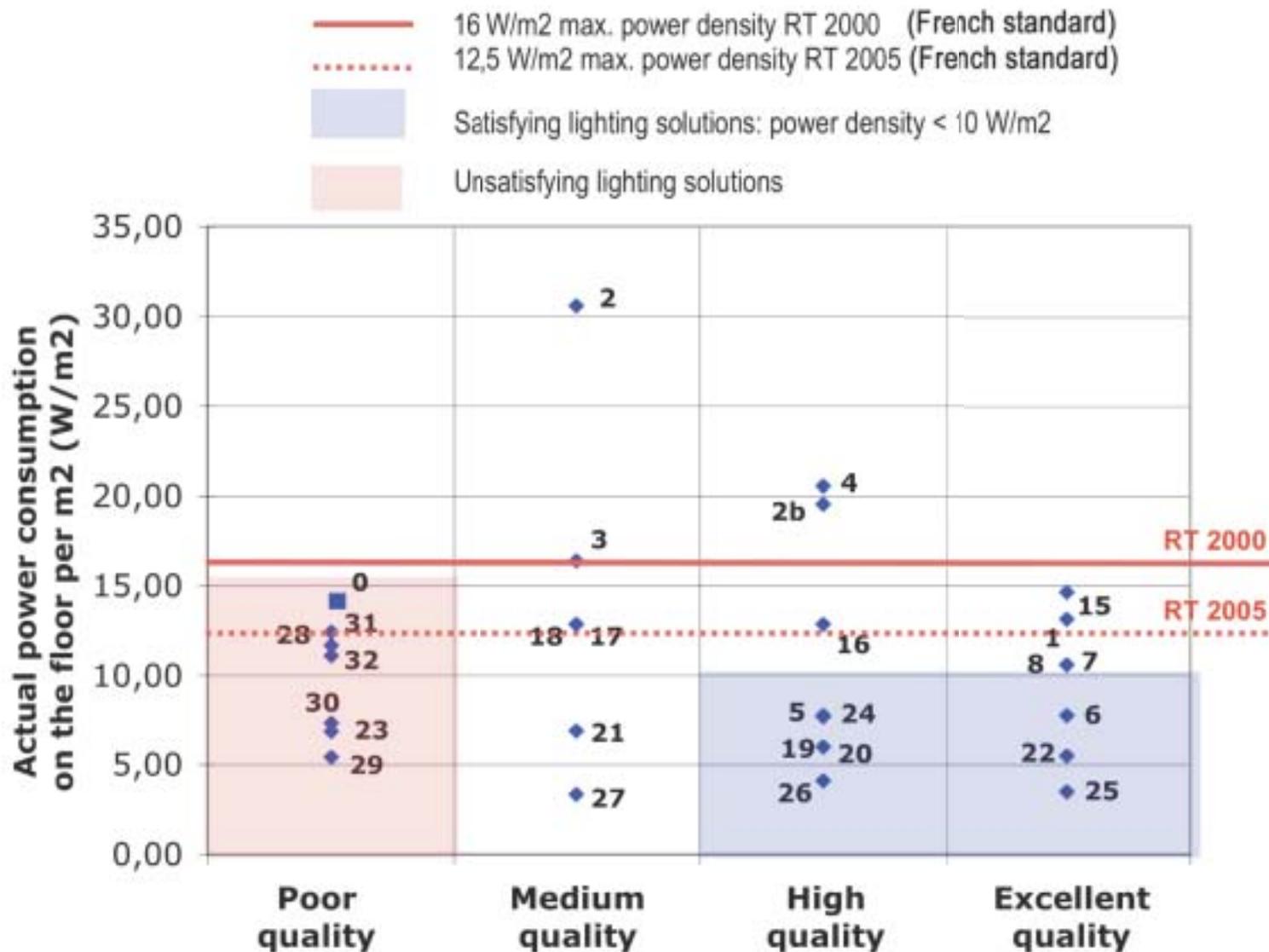


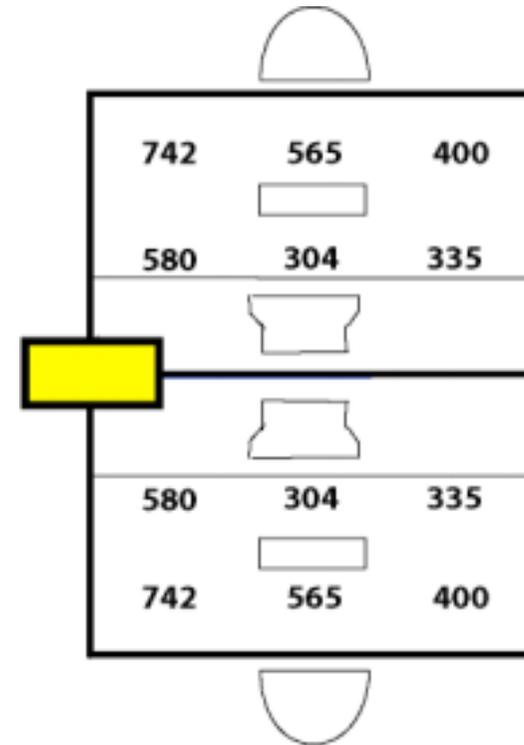


Office building, Lyon, France. 32 work places tested during 5 months

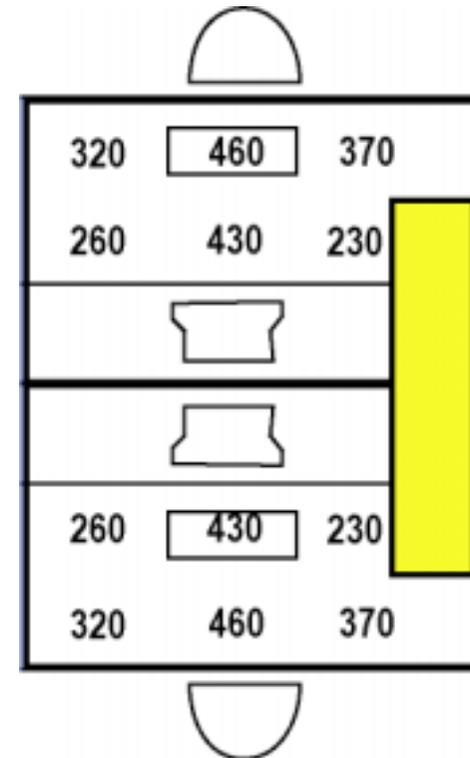
Ingélux, ENTPE



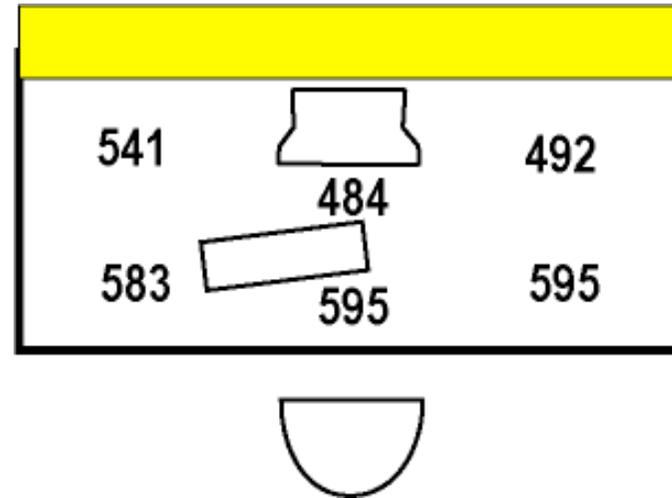




Direct-indirect stand alone luminaire. Its independence with the ceiling allow to locate the luminaire very precisely near the work space. The users appreciated the dimming option associated to the daylighting-occupancy sensor. Can be shared with another occupant. Considered as high standing. Typically 100W per work space required, less than 8W/m<sup>2</sup> in open plan office. Typical light sources about 2 CFL 55W per occupant, partly dimmed.



Direct-indirect suspended luminaire. Allow usage of 1.20 or 1.50m fluorescent tube. But work place cannot move if luminaire position is fixed. Leads to the lowest electrical consumption:  $6\text{W}/\text{m}^2$ . In open plan office. Could use 2x54 W fluorescent tubes for two people.



Indirect luminaire integrated to the furniture. Judged as very comfortable, the ceiling luminances are moderate, but the general feeling tends to have a work plane looking darker than the rest of the room. Requires about 2x35 W fluorescent tubes per work place.

## **Specifications following experimentation**

- Hide sources so that the maximum luminance of the luminaire, in all direction is below  $7000 \text{ cd/m}^2$ .
- Reduce uniformity on work plane to a value between 0.6 and 0.8 to provide a feeling of contrast while avoiding shadows.
- Allow individual control (dimming) so that the user get the exact illuminance he/she wishes.
- Select equipment with good optical performance.
- Prefer single fluorescent tube to compact fluorescent lamps to lower electric power requirement.
- Share luminaries between work places: best performance are obtained with one luminaire providing light for two workplaces.

## Indoor lighting evolution:

Progressive substitution  
of halogen lamps in shops by HID,  
HCI lamps,  
More controls of fluorescent lamps  
(occupancy, daylight)

OSRAM POWERBALL® HCI®  
OSRAM POWERSTAR® HCI®



## Outdoor lighting evolution:

Better colour rendering index,  
smaller sources, longer life.  
And arrival of LED lights  
for low power applications

PrimaVision Xtreme  
CosmoPolis



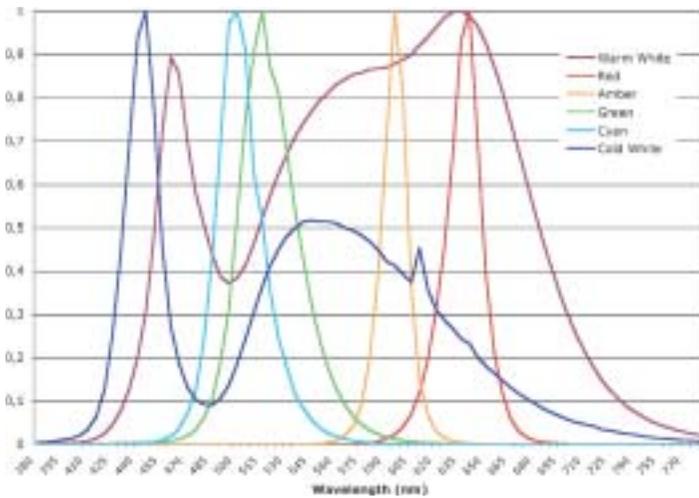
Equinox







# Optimization of colour Mixing



# Warm White



# Cool White + Amber





Color mixing , focusing, framing, individual control of LED,  
temperature control.



Monna Lisa Led Spotlight by SKLAER Lighting, Germany,

Design: Fraen (Itaie), ENTPE (France), Russian Automotive University (Russia), Optileds (USA)  
Tests: ENTPE (France), Ingélux (France)